



Don't Forget to Eat Your Vegetables!

# Gering School District MS Lunch Menu

March  
2019

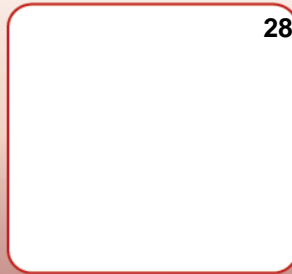
## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**1**  
Pizza Station and Diner Station  
Rotate Every Other Day  
Pizzas are: Cheese, Pepperoni,  
or Specialty  
Diner Station: Burgers, Chicken  
Sandwiches and other Hot Fare

**School Breakfast Week 4**  
French Toast Sticks  
Sausage Patty  
  
Turkey BLT Wrap  
Buffalo Chicken Salad  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Breakfast Potatoes

**National Nutrition Month 5**  
Italian Meatball Sub  
  
Harvest Chicken Salad  
Egg Salad Sub Sandwich  
  
Cheese, Pepperoni, or  
Specialty Pizza  
  
Garlic & Herb Broccoli

**6**  
Alaskan Pollack Fish Sticks  
  
Pretzel Bites w/Cheese Cubes  
Chef Salad  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Golden French Fries

**7**  
Hamburger on a Bun  
  
Chicken Caesar Salad  
Ham Deli Sub Sandwich  
  
Cheese, Pepperoni, or  
Specialty Pizza  
  
Vegetarian Beans

**8**  
Corn Dog w/ Chips  
  
Yogurt Pak with Pretzel Bites  
Chef Salad  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Kung Foo Carrots

**NO SCHOOL 11**

**12**  
Enchilada Bake  
  
Turkey Deli Sub Sandwich  
Pizza Munchable  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Mexican Street Corn

**13**  
Grilled Ham & Cheese  
Sandwich  
Tomato Soup  
Chef Salad  
Chicken Caesar Salad  
  
Cheese, Pepperoni or Specialty

**14**  
Lasagna  
Garlic Toast  
  
Deli Sub Sandwich  
Turkey BLT Salad  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Garden Salad

**NO SCHOOL 15**

**18**  
Sloppy Joe/Kettle Chips  
  
WG Chips, Salsa & Cheese  
Chef Salad  
  
Cheese, Pepperoni or Specialty  
  
Kale Salad  
Chocolate Chip Cookie

**HOM 19**  
Chicken Parmesan Sandwich  
  
Buffalo Chicken Salad  
Turkey Deli Sandwich  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
HOM: Spinach, Strawberries,  
Mint

**20**  
Chicken Nugget Basket  
Bread  
Chef Salad  
Turkey, Cheese, Sunchips,  
Rice Krispy Treat Munchable  
  
Cheese, Pepperoni or Specialty  
  
Tator Tots

**21**  
Walking Taco  
Lettuce, Tomato, Cheese  
Turkey Ranch Wrap  
Harvest Chicken Salad  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Refried Beans

**22**  
Cheesy Italian Flatbread  
  
Ham & Cheese Pinwheel  
Chicken Caesar Salad  
  
Cheese, Pepperoni or Specialty  
  
Corn

**25**  
Chicken and Cheese  
Quesadilla  
  
Turkey BLT Wrap  
Chef Salad  
  
Cheese, Pepperoni or Specialty  
  
Spicy Pinto Beans

**26**  
Chili Dog w/Kettle Chips  
  
Buffalo Chicken Salad  
Deli Sub  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Roasted Broccoli

**27**  
Salisbury Steak  
  
Double Decker PB&J  
Chicken Caesar Salad  
  
Cheese, Pepperoni or Specialty  
  
Roasted Corn  
Mashed Potatoes  
Whole Grain Dinner Roll

**28**  
Pulled Pork Sandwich  
  
Chef Salad  
Turkey Deli Sandwich  
  
Variety of Hamburgers,  
Chicken and Other "Hot Fare"  
  
Coleslaw

**29**  
Alaskan Cod Fish Sticks  
Golden French Fries  
  
Yogurt Pak with Bagel  
Garden Vegetable Salad  
  
Cheese, Pepperoni or Specialty  
  
Green Beans  
Churro

**Prices**

Secondary	3.05
Reduced	0.40
Adult	3.85
Extra Milk	0.50



**EXTRA INFO**

Milk choice of 1% White, Fat-Free Chocolate is included. Creditable grains are served with all salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

