



Don't Forget to Eat Your Vegetables!

Gering School District HS Lunch Menu

March
2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Pizza Station and Diner Station are Every Day
Pizzas are: Cheese, Pepperoni, or Specialty
Diner Station: Burgers, Chicken Sandwich & Other Hot Fare

4
School Breakfast Week
French Toast Sticks
Sausage Patty

Turkey BLT Wrap
Buffalo Chicken Salad

Breakfast Potatoes

5
National Nutrition Month
Italian Meatball Sub

Harvest Chicken Salad
Egg Salad Sub Sandwich

Garlic & Herb Broccoli

6
Alaskan Pollack Fish Sticks

Pretzel Bites w/Cheese Cubes
Chef Salad

Golden French Fries

7
Hamburger on a Bun

Chicken Caesar Salad
Ham Deli Sub Sandwich

Vegetarian Beans

8
Corn Dog w/ Chips

Yogurt Pak with Pretzel Bites
Chef Salad

Kung Foo Carrots

11
NO SCHOOL

12
Enchilada Bake

Turkey Deli Sub Sandwich
Pizza Munchable

Mexican Street Corn

13
Grilled Ham & Cheese
Tomato Soup

Chef Salad
Chicken Caesar Salad

Spicy Pinto Beans

14
Lasagna
Garlic Toast

Deli Sub Sandwich
Turkey BLT Salad

Garden Salad

15
NO SCHOOL

18
Sloppy Joe/Kettle Chips

WG Chips, Salsa & Cheese
Chef Salad

Kale Salad
Chocolate Chip Cookie

19
HOM
Chicken Parmesan Sandwich

Buffalo Chicken Salad
Turkey Deli Sandwich

HOM: Spinach, Strawberries, Mint
Fruited Spinach Salad

20
Chicken Nugget Basket
Bread

Chef Salad
Turkey, Cheese, Sunchips,
Rice Krispy Treat Munchable

Tator Tots

21
Walking Taco
Lettuce, Tomato, Cheese

Turkey Ranch Wrap
Harvest Chicken Salad

Refried Beans

22
Cheesy Italian Flatbread

Ham & Cheese Pinwheel
Chicken Caesar Salad

Corn

25
Chicken and Cheese
Quesadilla

Turkey BLT Wrap
Chef Salad

Spicy Pinto Beans

26
Chili Dog w/Kettle Chips

Buffalo Chicken Salad
Deli Sub

Roasted Broccoli

27
Salisbury Steak

Double Decker PB&J
Chicken Caesar Salad

Roasted Corn
Mashed Potatoes
Whole Grain Dinner Roll

28
Pulled Pork Sandwich

Chef Salad
Turkey Deli Sandwich

Coleslaw

29
Alaskan Cod Fish Sticks
Golden French Fries

Yogurt Pak with Bagel
Garden Vegetable Salad

Green Beans
Churro

Secondary	3.05
Reduced	0.40
Adult	3.85
Extra Milk	0.50



EXTRA INFO
Milk choice of 1% White, Skim or Chocolate Skim is included. A creditable grain is served with all salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

