



Don't Forget to Eat Your Vegetables!

Gering School District HS Lunch Menu

February 2019

4 MONDAY

- Classic Cafe** Ravioli w/ Meat Sauce, Garden Salad, Garlic Round
- Grab and Go** Harvest Chicken Salad, Turkey BLT Wrap
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

5 TUESDAY

- Classic Cafe** Chicken Fajitas, Refried Beans
- Grab and Go** Chef Salad, Salad Sliders
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

6 WEDNESDAY

- Classic Cafe** Macaroni & Cheese, Sweet Potato Fries
- Grab and Go** Pretzel Bites w/Cheese Cubes, Chef Salad
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

7 THURSDAY

- Classic Cafe** Corn Dog, Steamed Carrots
- Grab and Go** Buffalo Chicken Salad, Ham Deli Sandwich
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

8 FRIDAY

- Classic Cafe** Alaskan Pollack Fish Sticks, Steak Fries
- Grab and Go** Yogurt Pak with Bagel, Chicken Caesar Salad
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included. A creditable grain is served with all salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

Menus are subject to change without notice. This institution is an equal opportunity provider.





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11

MONDAY

- Classic Cafe** Sloppy Joe on a Bun, Tator Tots
- Grab and Go** Cravin Craisin Salad, Chicken Caesar Wrap
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

12

TUESDAY

- Classic Cafe** Beef & Cheese Quesadilla, Firenze Corn Salad
- Grab and Go** Chef Salad, Deli Sandwich
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

13

WEDNESDAY

- Classic Cafe** Pulled Pork Sandwich, Coleslaw
- Grab and Go** Pretzel Pack, Turkey Munchable
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

14

THURSDAY

- Classic Cafe** Be Mine Popcorn Chicken Bowl, Whole Grain Dinner Roll, Treat
- Grab and Go** Hummus & Vegetable Bowl, Turkey Deli Sub Sandwich
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

15

FRIDAY

- Classic Cafe** Cheese & Pepperoni Flatbread, Steamed Carrots
- Grab and Go** Crispy Chicken Salad, Honey Mustard Ham Wrap
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

EXTRA INFO

Harvest of the Month



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18

MONDAY

NO SCHOOL

21

THURSDAY

Classic Cafe Philly Flatbread, Broccoli Salad

Grab and Go Beef Taco Salad, Turkey BLT Wrap

Diner Variety of Hamburgers, Chicken and Other "Hot Fare"

Pizza Cheese, Pepperoni, Specialty

19

TUESDAY

Classic Cafe Beefy Nachos with Cheese Sauce, Refried Beans

Grab and Go Turkey BLT Salad, Ham Deli Sub Sandwich

Diner Variety of Hamburgers, Chicken and Other "Hot Fare"

Pizza Cheese, Pepperoni, Specialty

22

FRIDAY

Classic Cafe Roasted Hot Dog on a Bun, Calico Bean Bake

Grab and Go Yogurt Pak with Pretzel Bites, Southwest Chicken Salad

Pizza Cheese, Pepperoni, Specialty

Diner Variety of Hamburgers, Chicken and Other "Hot Fare"

20

WEDNESDAY

Classic Cafe Chicken Parmesan Sandwich, Roasted Cauliflower, Muffin

Grab and Go Buffalo Chicken Wrap, Chef Salad

Pizza Cheese, Pepperoni, Specialty

Diner Variety of Hamburgers, Chicken and Other "Hot Fare"

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25

MONDAY

- Classic Cafe** Beef Chili, Cinnamon Roll
- Grab and Go** WG Chips, Salsa & Cheese Cubes, Chicken Caesar Salad
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

26

TUESDAY

- Classic Cafe** Walking Taco, Lettuce, Tomato, Cheese
- Grab and Go** Turkey BLT Salad, Ham Deli Sub Sandwich
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

27

WEDNESDAY

- Classic Cafe** BBQ Pulled Pork on Pretzel Bun, Coleslaw
- Grab and Go** PB&J Sandwich, Chef Salad
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

28

THURSDAY

- Classic Cafe** Spicy Chicken Patty on Bun, Kettle Potato Chips
- Grab and Go** Beef Taco Salad, Chicken Caesar Wrap
- Pizza** Cheese, Pepperoni, Specialty
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"

1

FRIDAY

- Classic Cafe** Build Your Own Baked Potato, Whole Grain Dinner Roll
- Grab and Go** Yogurt Pak, Egg Salad Sandwich
- Diner** Variety of Hamburgers, Chicken and Other "Hot Fare"
- Pizza** Cheese, Pepperoni, Specialty

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