



Don't Forget to Eat Your Vegetables!

Gering School District Elementary Lunch Menu

January 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



National Soup Month **1**

2

HOM: Grapefruit **3**

4

7

BBQ Pulled Pork Sandwich
Kettle Potato Chips

WG Chips, Salsa & Cheese Cubes

Glazed Carrots

8

Chicken Fajitas
Refried Beans

Turkey BLT Salad

Warm Cinnamon Apples

9

BBQ Chicken Sandwich

Chef Salad

Calico Bean Bake

10

Cheese Pizza

Crispy Chicken Wrap

Roasted Cauliflower

11

National Milk Day

Cheeseburger on Bun
Golden French Fries

Yogurt Pak w/ Pretzel Bites

Green Beans

14

Grilled Cheese Sandwich
Tomato Soup

Turkey BLT Wrap

Corn

15

All American Burger Basket

Buffalo Chicken Salad

Kettle Potato Chips
Pickle Slice

16

Pretzel Bites with Cheese

Chef Salad

Garden Salad

17

Chicken Fajitas

Deli Sandwich

Refried Beans

18

Crispy Chicken Sandwich

Yogurt Pak with Pretzel Bites

Fries
Cookie

21

Pancakes
Sausage Patty

Chicken Caesar Salad

Breakfast Potatoes

22

Walking Taco

Chef Salad

Pea Salad

23

BBQ Meatball Sub

Munchable

Garlic & Herb Broccoli
Mini Rice Krispie Treat

24

Chicken Nugget Basket
Whole Grain Dinner Roll

Turkey Deli Sub Sandwich

Golden French Fries
Pickle Slice

25

Chili Dog

Honey Mustard Ham Wrap

Seasoned Ranch Wedges

28

Sweet n Sour Chicken Bites
Brown Rice

WG Chips, Salsa & Cheese Cubes

Green Peas

29

Pasta with Meat Sauce
Garlic Toast

Ham Deli Sub Sandwich

Steamed Carrots

30

Fajita Chicken Tacos
Lettuce, Tomato, Cheese

Chef Salad

Mexican Street Corn

31

Pepperoni Pizza

Ham Deli Sandwich

Glazed Carrots
Cookie



Prices

Regular	2.80
Reduced	0.40
Adult	3.85
Extra Milk or Bottled Water	0.50

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Fat-Free Chocolate is included. A creditable grain is served with salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

