



Don't Forget to Eat Your Vegetables!

Gering School District Elementary Lunch Menu

March 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Dr. Seuss' Birthday 1

Cat in the Hat Corn Dog

Sam I am Ham Sliders

Who Foo French Fries

School Breakfast Week 4

French Toast Sticks
Sausage Patty

Turkey BLT Wrap

Breakfast Potatoes

National Nutrition Month 5

Italian Meatball Sub

Egg Salad Sub Sandwich

Garlic & Herb Broccoli

6

Fish Sandwich with Cheese

Chef Salad

Golden French Fries

7

Hamburger on a Bun

Ham Deli Sub Sandwich

Vegetarian Beans

8

Cheese Pizza

Yogurt Pak with Pretzel Bites

Kung Foo Carrots

NO SCHOOL 11

12

Lasagna
Garlic Toast

Turkey Deli Sub Sandwich

Garden Salad

13

Grilled Ham & Cheese Sandwich
Tomato Soup
Pizza Munchable

Spicy Pinto Beans

14

Pepperoni Pizza

Ham Deli Sub Sandwich

Roasted Broccoli

NO SCHOOL 15

18

Sloppy Joe on a Bun
Kettle Potato Chips

WG Chips, Salsa & Cheese Cubes

Kale Salad
Chocolate Chip Cookie

HOM 19

Chicken Parmesan

Turkey Deli Sandwich

HOM: Spinach, Strawberries, Mint
Fruited Spinach Salad

20

Chicken Nugget Basket
Bread

Chef Salad

Tator Tots

21

Walking Taco
Lettuce, Tomato, Cheese

Turkey Ranch Wrap

Refried Beans

22

Cheesy Italian Flatbread

Chicken Caesar Salad

Corn

25

Chicken and Cheese Quesadilla

Turkey BLT Wrap

Spicy Pinto Beans

26

Chili Dog
Kettle Potato Chips

Buffalo Chicken Salad

Roasted Broccoli

27

Salisbury Steak

Chef Salad

Roasted Corn
Mashed Potatoes
Whole Grain Dinner Roll

28

Pulled Pork Sandwich

Turkey Deli Sandwich

Coleslaw

29

Alaskan Cod Fish Sticks
Golden French Fries

Chicken Caesar Salad

Green Beans
Churro

Prices

Regular	2.80
Reduced	0.40
Adult	3.85
Extra Milk or Bottled Water	0.50



EXTRA INFO

Milk choice of 1% White, Fat-Free Chocolate is included. A creditable grain is served with salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

