



Don't Forget to Eat Your Vegetables!

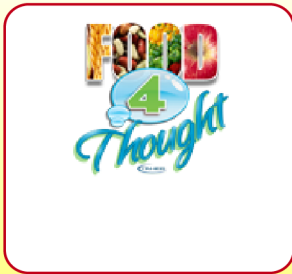
# Gering School District Elementary Lunch Menu

February 2019

## MONDAY



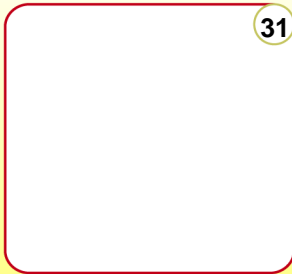
## TUESDAY



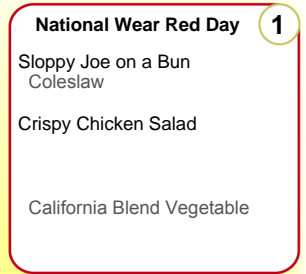
## WEDNESDAY



## THURSDAY



## FRIDAY



**4**

Hamburger on a Bun

Turkey BLT Wrap

Roasted Broccoli

**5**

Macaroni & Cheese Bread

Tuna Sliders

Baked Beans

**6**

Chicken Nugget Basket with Grain

Chef Salad

Tator Tots

**7**

Corn Dog

Ham Deli Sandwich

Steamed Carrots

**1**

**National Wear Red Day**

Sloppy Joe on a Bun

Coleslaw

Crispy Chicken Salad

California Blend Vegetable

**11**

Chicken and Cheese Quesadilla

Chicken Caesar Salad

Lemon Garbanzo Bean Salad

**12**

Soft Beef Tacos

Deli Sandwich

Roasted Cauliflower

**13**

BBQ Pulled Pork on Pretzel Bun

Turkey Munchable

Coleslaw

**14**

**Valentine's Day**

Love Me Chicken Nuggets & Grain

BeMine Mashed Potato/Gravy

Chef Salad

Cupid Corn

Valentine's Treat

**15**

Cheeseburger on Bun

Crispy Chicken Salad

Golden French Fries

**18**

**No School**

No School

**19**

Crispy Chicken Tenders

Turkey BLT Salad

Mashed Potatoes

Whole Grain Dinner Roll

**20**

**National Muffin Day**

Walking Taco

Chef Salad

Roasted Cauliflower Muffin

**21**

**HOM Bell Peppers**

Build Your Own Baked Potato

Beef Taco Salad

Calico Bean Bake

**22**

Roasted Hot Dog on a Bun

Kettle Potato Chips

Yogurt Pak with Pretzel Bites

Green Beans

**25**

**Chili and Tortilla Day**

All American Burger Basket

WG Chips, Salsa & Cheese Cubes

Seasoned Ranch Wedges

**26**

Crispy Chicken Sandwich Basket

Ham Deli Sub Sandwich

Kettle Potato Chips

Pickle Slice

**27**

Pasta w/ Meatballs & Sauce

Chef Salad

Steamed Carrots

**28**

Beefy Nachos w/ Cheese Sauce

Chicken Caesar Wrap

Refried Beans

**1**

Regular	2.80
Reduced	0.40
Adult	3.85
Extra Milk or Bottled Water	0.50



**EXTRA INFO**

Milk choice of 1% White, Fat-Free Chocolate is included. A creditable grain is served with salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

