

Gering High School Lunch Menu

January
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Choose MyPlate.gov</p>				1
<p>4</p> <p>EVERYDAY MENU</p> <p>PIZZA STATION Cheese, Pepperoni, Specialty</p> <p>DINER STATION Includes Fries, Wedges or Tots</p> <p>SALAD BAR: Served Daily</p>	<p>5</p> <p>Roast Pork & Gravy w/ Roast Potatoes Whole Grain Dinner Roll</p> <p>Spicy Chicken Patty on Bun</p> <p>Turkey BLT Sub</p> <p>Hawaiian Pizza</p>	<p>6</p> <p>Chicken Alfredo Garlic Toast</p> <p>Hamburger on a Bun</p> <p>Ham Deli Sub Sandwich</p> <p>CBR Pizza</p>	<p>7</p> <p>Walking Taco</p> <p>Crispy Chicken Nuggets</p> <p>Crispy Chicken Salad</p> <p>3 Meat Pizza</p>	<p>8</p> <p>Popcorn Chicken Bowl</p> <p>BBQ Pork on Pretzel Bun</p> <p>Beef Taco Salad</p> <p>Vegetarian Pizza</p>
<p>11</p> <p>Turkey Bacon Ranch with Pesto Mayo Sweet Potatoes & Chips</p> <p>Hamburger on a Bun</p> <p>Chicken Caesar Salad</p> <p>Sausage & Jalapeno Pizza</p>	<p>12 LTO - JAPAN</p> <p>Pork Ramen Noodle Bowl Fresh Miso Salad</p> <p>Chicken Patty</p> <p>Ham Deli Sub Sandwich</p> <p>BBQ Chicken Pizza</p>	<p>13</p> <p>Chili Cinnamon Roll</p> <p>BBQ Rib Sandwich</p> <p>Yogurt Pak with Pretzel Bites</p> <p>3 Meat Pizza</p>	<p>14</p> <p>Burrito Bar</p> <p>Crispy Chicken Tenders</p> <p>Spinach Salad w/ Chicken</p> <p>CBR Pizza</p>	<p>15</p> <p>Fish N Chips</p> <p>Cheeseburger on Bun</p> <p>Turkey Deli Sub Sandwich</p> <p>Hawaiian Pizza</p>
<p>18</p> <p>Grilled Ham & Cheese Creamy Potato Salad</p> <p>Hamburger on a Bun</p> <p>Turkey BLT Wrap</p> <p>Sausage Pizza</p>	<p>19</p> <p>Mac N Cheese Bar</p> <p>Spicy Chicken Patty on Bun</p> <p>Buffalo Chicken Salad</p> <p>Buffalo Chicken Pizza</p>	<p>20</p> <p>Italian Pasta Bake Garlic Toast & Green Beans</p> <p>Meatloaf Sandwich</p> <p>Chef Salad</p> <p>Chicken Bacon Ranch Pizza</p>	<p>21</p> <p>Chicken Fajitas w/ Mexican Rice Peppers & Onions</p> <p>Cheeseburger on Bun</p> <p>Turkey Deli Sandwich</p> <p>Sausage & Jalapeno Pizza</p>	<p>22</p> <p>Roasted Chicken Leg Mashed Potatoes & Corn</p> <p>Popcorn Chicken</p> <p>Chicken Caesar Salad</p> <p>Vegetarian Pizza</p>
<p>25</p> <p>Pulled Pork on Pretzel Bun Baked Beans</p> <p>Spicy Chicken Patty on Bun</p> <p>Cravin Craisin Salad</p> <p>3 Meat Pizza</p>	<p>26 LTO - Japan</p> <p>Yakatori Chicken Skewers Teriyaki Roasted Vegetables</p> <p>Hamburger on a Bun</p> <p>Turkey BLT Wrap</p> <p>Hawaiian Pizza</p>	<p>27</p> <p>Chicken Soup Whole Grain Dinner Roll</p> <p>Meatloaf Sandwich</p> <p>Fruited Spinach Salad</p> <p>Buffalo Chicken Pizza</p>	<p>28</p> <p>Nachos Grande</p> <p>Fish Sandwich with Cheese</p> <p>Chicken Caesar Wrap</p> <p>Chef's Choice</p>	<p>29</p> <p>BBQ Meatball Sub Garden Salad</p> <p>Cheeseburger on Bun</p> <p>Crispy Chicken Salad</p> <p>Sausage & Pepperoni Pizza</p>

INFORMATION

Students Free
Adults \$4.00
Extra Milk \$0.50

EXTRA INFO

1% White or Fat-Free Chocolate milk is offered. A creditable grain is served with all salads. For more information, contact Mary Carman, Director of Food Services, at 308.633.3155 or mcarman@geringschools.net.

HARVEST OF



THE MONTH

All the menu information on our app **TaHer Food4Life®**



www.taHer.com

Menus are subject to change without notice.