



# Gering School District Elementary Lunch Menu

January  
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				1
4	5 Hamburger on a Bun  Turkey Ranch Wrap  Golden French Fries Cucumber Slices	6 Chicken Alfredo Garlic Toast  Crispy Chicken Salad  Garlic & Herb Broccoli Red Peppers	7 Walking Taco  Ham Deli Sub Sandwich  Mexican Corn Green Pepper Slices	8 Grilled Cheese Sandwich Tomato Soup  Honey Mustard Ham Wrap  Roasted Cauliflower Baby Carrots
11 Pizza Dippers Marinara Sauce  WG Chips, Salsa & Cheese Cubes  Green Beans Garden Salad	12 Popcorn Chicken Bowl Mashed Potatoes  Ham Deli Sub Sandwich  Steamed Corn	13 Chili Cinnamon Roll  Yogurt Pak with Pretzel Bites  Celery Sticks Peppers	14 Beefy Nachos w/Cheese Sauce  Ham Munchable  Mexican Corn Tomato Slices	15 Crispy Chicken Nuggets Whole Grain Dinner Roll  Turkey BLT Wrap  Glazed Carrots Steamed Peas
18 Hot Ham & Cheese  Turkey BLT Wrap  Creamy Potato Salad Baby Carrots	19 Macaroni & Cheese  Buffalo Chicken Salad  Steamed Corn Radish	20 Hot Dog  Chef Salad  Golden French Fries Celery Sticks	21 Chicken Fajitas w/ Mexican Rice  Ham Deli Sub Sandwich  Green Pepper Slices Onions	22 Roasted Chicken Leg  Chicken Caesar Salad  Mashed Potatoes Peas & Carrots
25 BBQ Pulled Pork Sandwich  Ham Deli Sub Sandwich  Baked Beans Baby Carrots	26 Crispy Chicken Sandwich  Chef Salad  Golden French Fries Cauliflower Floret	27 Pepperoni Pizza  Chicken Spinach Salad  Garlic & Herb Broccoli Peppers	28 Beefy Nachos w/Cheese Sauce  Chicken Caesar Wrap  Refried Beans Cucumber Slices	29 Italian Meatball Sub  Honey Mustard Ham Wrap  Garden Salad Baby Carrots

<b>PRICES</b>	Students	Free
	Adults	\$4.00
	Extra Milk	\$0.50
<b>EXTRA INFO</b>	Milk Choice of 1% White or Fat-Free Chocolate is included. A creditable Grain Is served with salads. For questions or comments, contact Mary Carman, the Food Service Director, at 308.633.3155 or email mcarman@geringschools.net.	

**HARVEST OF THE MONTH**

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