



# Gering School District Breakfast Menu

January  
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				1
4	5 Breakfast Stacker Sandwich  Choice of Cereal  Vegetable Selection Juice 1% Milk	6 Sausage Breakfast Pizza  Choice of Cereal  Vegetable Selection Fruit 1% Milk	7 Cinnamon Roll  Choice of Cereal  Vegetable Selection Juice 1% Milk	8 Yogurt Parfait with Fruit & Granola  Choice of Cereal  Vegetable Selection Fruit 1% Milk
11 Sausage Breakfast Pizza  Choice of Cereal  Vegetable Selection Fruit 1% Milk	12 Biscuits & Gravy  Choice of Cereal  Vegetable Selection Juice 1% Milk	13 Mini Donut Cheese Stick  Choice of Cereal  Vegetable Selection Fruit 1% Milk	14 Cheesy Ham Melt  Choice of Cereal  Vegetable Selection Juice 1% Milk	15 Waffles  Choice of Cereal  Vegetable Selection Fruit 1% Milk
18 Long John  Choice of Cereal  Vegetable Selection Fruit 1% Milk	19 Pancakes  Choice of Cereal  Juice Vegetable Selection 1% Milk	20 Sausage Breakfast Pizza  Choice of Cereal  Vegetable Selection Fruit 1% Milk	21 Bacon, Egg & Cheese on English Muffin  Choice of Cereal  Vegetable Selection Juice 1% Milk	22 Fruit Frudel  Choice of Cereal Vegetable Selection Fruit 1% Milk
25 Sausage Breakfast Pizza  Choice of Cereal Vegetable Selection Canned Fruit 1% Milk	26 Waffles Sausage Patty  Choice of Cereal  Vegetable Selection Juice 1% Milk	27 Long John  Choice of Cereal  Vegetable Selection Fruit 1% Milk	28 Breakfast Stacker Sandwich  Choice of Cereal Vegetable Selection Juice 1% Milk	29 Breakfast Burrito  Choice of Cereal Vegetable Selection Fruit 1% Milk

<b>PRICES</b>	Students	Free
	Adults	3.70
	Extra Milk	0.50
<b>EXTRA INFO</b>	Milk choice of 1% White, Skim or Chocolate Skim is included. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.	

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