



Gering Headstart Lunch Menu

January
2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>				1
4	5 Hamburger on a Bun Golden French Fries Cucumber Slices	6 Chicken Alfredo Garlic Toast Garlic & Herb Broccoli Red Peppers	7 Walking Taco Mexican Corn Green Pepper Slices	8
11 Pizza Dippers Marinara Sauce Green Beans Garden Salad	12 Popcorn Chicken Bowl Mashed Potatoes Steamed Corn	13 Chili Cinnamon Roll Celery Sticks Peppers	14 Beefy Nachos w/Cheese Sauce Mexican Corn Tomato Slices	15
18 Hot Ham & Cheese Creamy Potato Salad Baby Carrots	19 Macaroni & Cheese Steamed Corn Radish	20 Hot Dog Golden French Fries Celery Sticks	21 Chicken Fajitas w/ Mexican Rice Green Pepper Slices Onions	22
25 BBQ Pulled Pork Sandwich Baked Beans Baby Carrots	26 Crispy Chicken Sandwich Golden French Fries Cauliflower Floret	27 Pepperoni Pizza Garlic & Herb Broccoli Peppers	28 Beefy Nachos w/Cheese Sauce Refried Beans Cucumber Slices	29

PRICES

EXTRA INFO

For questions or comments, please contact
Mary Carman, Food Service Director at
mcarman@geringschools.net or call
308.633.3155.

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
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