



Don't Forget to Eat Your Vegetables!

# Gering School District Breakfast Menu

March 2019

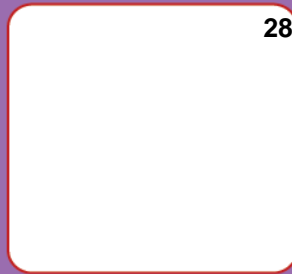
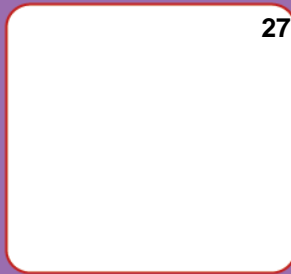
## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**Dr. Seuss' Birthday** **1**

Whoville Mini Waffles

Choice of Cereal  
Graham Crackers

Vegetable Selection  
Fresh Fruit  
Milk

**School Breakfast Week** **4**

Breakfast Pizza

Choice of Cereal

Vegetable Selection  
Canned Fruit  
Milk

**5**

Breakfast Loaf  
Cheese Stick

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**STICKER DAY** **6**

Waffle Sandwich

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**7**

Strawberry Cream Cheese Filled Bagel

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**8**

Mini Pancakes

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**No School** **11**

**12**

Mini French Toast

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**13**

Yogurt Parfait with Fruit & Granola

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**14**

Breakfast Stacker Sandwich

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**No School** **15**

**18**

Strawberry Cream Cheese Filled Bagel

Choice of Cereal

Vegetable Selection  
Canned Fruit  
Milk

**19**

Breakfast Pizza

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**20**

Breakfast Sandwich

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**21**

Waffles

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**22**

Apple Bosco Stick

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**25**

Mini Pancakes

Choice of Cereal

Vegetable Selection  
Canned Fruit  
Milk

**26**

Breakfast Burrito

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**27**

Breakfast Pizza

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**28**

Cinnamon Roll

Choice of Cereal

Vegetable Selection  
Juice  
Milk

**29**

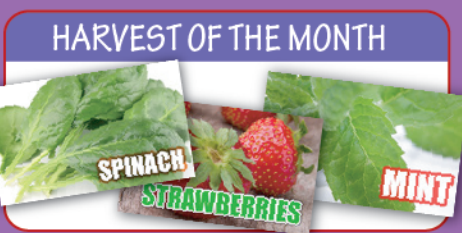
Yogurt Parfait with Fruit & Granola

Choice of Cereal

Vegetable Selection  
Fresh Fruit  
Milk

**Prices**

Elementary	1.75
Secondary	2.00
Reduced	0.30
Adult	3.55
Extra Milk or Water	0.50



**EXTRA INFO**

Milk choice of 1% White, Fat-Free Chocolate is included. A creditable grain is served with salads. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

