



Don't Forget to Eat Your Vegetables!

Gering School District Elementary Breakfast Menu

February 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4

Plain Bagel
Cream Cheese

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

5

Mini French Toast

Choice of Cereal
Graham Crackers

Vegetable Selection
Juice
1% Milk

6

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

7

Apple Bosco Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

8

Long John

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

Blueberry Loaf
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

11

Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

12

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

13

Yogurt Parfait

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

14

Breakfast Stacker Sandwich

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

15

Breakfast Round(Brekkie)

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

18

No School

19

Sausage & Egg Biscuit

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

20

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

21

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

22

Yogurt Parfait

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

25

Breakfast Round (Brekkie)

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

26

Biscuits & Gravy

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

27

Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

28

French Toast Sticks

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk



Prices

Elementary	1.75
Secondary	2.00
Reduced	0.30
Adult	3.55
Extra Milk or Bottled Water	0.50



EXTRA INFO

Milk choice of 1% White, Fat-Free Chocolate is included. For questions or comments, contact Mary Carman, Food Service Director at mcarman@geringschools.net or call 308.633.3155.

