

APRIL 2008



Gering Preschool

Little Footprints ☺ ☺ ☺ Big Strides

DISCIPLINE VS. ABUSE

Parents and other adults working with children often question when discipline becomes abuse. What is the difference between discipline and abuse?

DISCIPLINE: This is the process of teaching a child in preparation for a happy, productive adulthood. It is not the same as punishment. Discipline includes many tools and techniques, such as establishing age-appropriate rules and guidelines, modeling, and providing positive reinforcement. The purpose of discipline is to protect children from harm, teach them about rules and responsibilities, and help them develop good decision-making skills. Discipline encourages children to learn socially acceptable behavior and ways to express their emotions.

ABUSE: Child abuse occurs when a child's physical or mental health or welfare is harmed or threatened. Punishment is considered abusive when it is excessive or results in physical injury. When physical or verbal punishment is a parent's only means of discipline, it contributes to feelings of inadequacy and rejection and makes it difficult for a child to develop trusting relationships. Discipline fails when a parent punishes a child in anger, uses profane or foul language towards the child, or sets rules that he or she does not enforce.

HINTS FOR PARENTS: Parenting is the toughest job we will ever have!! Patience with children is extremely vital. Remind yourself that your child is a child, and should be allowed to act alike a child. If there are two parents, both should agree to be supportive of each other. Try not to let your anger at other things be perceived by your child as anger towards him/her. To avoid stress with small children, change your environment. Put your valuable possessions out of reach, and put locks on cabinet doors and drawers. Do whatever it takes to avoid future stress and possible accidents. Allow yourself, if possible, the luxury of a babysitter now and then. If you feel that you may lose control with your child, put the child in a safe place until you have cooled down. It is **normal** to be angry toward your child at times. It is also **normal** to feel inadequate or unsure of yourself as a parent. Don't be afraid to discuss your concerns with family or friends, relatives or neighbors.

ANNOUNCEMENTS

- All children who will be attending kindergarten next fall should be registered at their neighborhood school!!
- We are currently taking applications for preschool for 2008-09. If you would like your child to return to the Gering Preschool—please let us know as soon as possible.
- Developmental Screening for children birth to three years—Monday April 14th 7:00am-7:00pm Monument Mall

ANNOUNCEMENTS

"Spring Fling" for families of AM class
Wed. April 23rd- 11:00am -at Preschool.
Entertainment/refreshments and more!!

Graduation
For those going to kindergarten
Tuesday May 20th—6:30
Gering Junior High
NO SCHOOL—April 18th and 21st
Spring Break

APRIL BIRTHDAYS

- *4/10—Adanijah
- *4/13—Tyler
- *4/18—Dylan
- *4/23—Noah
- *4/27—Emma
- *4/27—Lauren
- *4/30—Sammy

CANDY SALES

We made a net profit of \$895.76 on the candy bars. Noberta Murillo was the top seller with 10 boxes!! Thank-you all so much.